

Technical Seminar



Referee Seminar



Organized by Belgium Shinkyokushin Karate

Osu,

It's a great pleasure for me to have received an invitation to the Antwerp Diamond cup 2009 in Belgium.

The tournament has become a regular event in Belgium, and competitors from all over Europe must look forward to participate in this tournament.

This year, in connection to the Antwerp Diamond cup, EKO technical & referee seminar will be held and Shihan Isao Kobayashi (The WKO referee committee Chairman) and Shihan Keiji Sampei (WKO Technical committee Chairman) will join as instructors. I think it's a very good idea to organise these seminars, and i hope that the seminars will have as many instructors and students from all over Europe as possible.

In the WKO, we are constantly working on the standardisation of techniques and of the referee rules, and this will be a great opportunity for everybody to have a new understanding on our international rules and standard.

And of course, it is always good for all of us to get together, train and discuss Karate. Such meetings will lead to further development of our organisation and will also strengthen the relationship among different branches throughout the world.

The three of us are looking forward to seeing you all in Belgium!

Osu

Kenji Midori WKO President

EKO President Shihan Koen Scharrenberg

Osu!

On behalf of the EKO board, i like to express my appreciation to you, for coming to watch this tournament, participating in it or contributing in any other way to the already 'brilliant' reputation of the Antwerp Diamond cup.

Special thanks to the prominent guests from Japan, that will take the time and trouble to come all the way to Antwerp, Belgium.

Midori-Shihan, kobayashi-Shihan, and Sampei-Shihan, we greatly appreciate your coming and hence the active and generous way witch you contribute to the level of Shinkyokushin Karate in Europe. For all Karateka in the world there is no greater honour and fulfilment of dreams than to be able to train and exchange ideas with legendary Karateka like you.

This is the very first time that EKO has Sponsored activities around an international event. But, since our organisation is still growing, we as board considered it of the utmost importance to present to the Karateka of its member countries the possibility to be instructed in kata, kihon and the karate techniques plus also refereeing, by the worlds foremost experts from Japan and Europe.

Thus also fine-tuning the abilities and skills of all participants in the seminars and raising the level of (shin)Kyokushin world-wide.

The basic of our Karate lies in Japan, with our great founder Sosai Masutatsu Oyama. The essence of (shin)Kyokushin Karate, is to show respect. To our fellow karateka, our origins and the people around us. Shinkyokushin karate has enriched the life of millions around the world, all because of the ability to follow the footsteps and be inspired by one man. Therefore, i would – once again – like to honour Sosai Masutatsu Oyama.

We wish all participants for the seminar and fighters all the best and hope they will find the opportunity to show their best efforts in the Shinkyokushin way.

Special thanks go to the organising committee, Sensei Luc Vandecraen, Sensei Koen Spitaels and their team.

And to the beautiful city of Antwerp and it's active people, who are so enthusiastic and cooperative.

We wish you all the best, in the spirit of Osu!

Shihan Koen Scharrenberg President of the European karate Organisation

EKO Technical & referee seminar

This seminar will be organised in Belgium under supervision of the EKO board and the technical and referee committee.

Also the WKO technical and referee committee will support this event in co-operation with the organisers and the EKO board.

Location

• Belgium Antwerp City

Hotel

Ramada Plaza Antwerp www.ramadaplzaantwerp.com

Time

- From Wednesday 18 November 2009
- Till Friday 20 November 2009

Who can participate

- EKO members
- Dojo Instructors

Seminar instructors

- EKO technical committee
- EKO referee committee
- EKO top instructors
- WKO technical committee chairman Shihan Sampei
- WKO referee committee chairman Shihan Kobayashi
- WKO President Shihan Midori

Price

- The total price for this seminar for each person $140 \in$
- Included in this price
- Hotel accommodation at Wednesday and Thursday
- Breakfast and lunch at Thursday and Friday
- Transport to the sport centre

Information

- · Soon more information will be provided by
 - Email
 - At the EKO website
 - www.european-kyokushin.com
 - At the Belgian website

www. Shinkyokushin. be

Transport and Sport centre

Transport

At Brussel national airport

• At the airport you can take the airport limousine bus service to Antwerp city, this bus will stop a few steps from the official hotel

When you arrive at the airport our team will help and guide you with this bus service.

Also at your arrival at Antwerp city our team will welcome you and guide you to the official hotel.

This bus service will be provided at the special price of $10 \in$.

To the sport centre

- The bus service to the sport centre and hotel will be provided by the organiser.
- This bus service will be free of charge for all participants.

Sport centre

 The city of Antwerp are very proud to be our partner in this sport event, The EKO technical and referee seminar, and provided us the well known Expo-hal.

This sport centre has all the needed facility's for this seminar and will be very appreciated by all the participants.

Schedule EKO technical & referee seminar

Wednesday 18 November 2009

- Arrival at seminar hotel
- Meeting seminar instructors

Thursday 19 November 2009

- Breakfast at seminar hotel
- Transport to sport centre by bus
- EKO seminar training
- Transport to seminar hotel
- Lunch at Hotel
- Transport to sport centre by bus
- EKO seminar training
- Transport to seminar hotel
- EKO Referee course at hotel

Friday 20 November 2009

- Breakfast at seminar hotel
- Transport to sport centre by bus
- EKO seminar training
- Transport to seminar hotel
- Lunch at Hotel
- Transport to sport centre by bus
- EKO seminar training
- Transport to seminar hotel
- Departure (or stay for Antwerp Diamond cup 2009)

Information

- Soon more information will be provided by
 - Email
 - At the EKO website
 - At the Belgian website www. Shinkyokushin. be

Schedule Antwerp Diamond Cup 2009

Friday 20 November 2009

- Arrival at tournament hotel
- Medical and weight check for fighters at hotel
- Referee course and meeting at hotel

Saturday 21 November 2009

- Breakfast
- Transport by bus to Antwerp Arena Sport Centre
- Antwerp Diamond cup Tournament
- Transport by bus to hotel
- Sayonara party at hotel

Sunday 22 November 2009

- Breakfast
- Departure all participants and officials

Information

- Soon more information will be provided by
 - Email
 - At the EKO website
 - At the Belgian website www. Shinkyokushin. be

Antwerp Diamond Cup 2009

We proudly welcomes you and your team to our Belgian tournament, also we would like to welcome our special guests, Shihan Kenji Midori WKO President, Shihan Koen Scharrenberg EKO President and also from Japan Shihan Keiji Sampei and Shihan Kobayashi.

A Japanese team of fighters will also come to participate.

The purpose of this tournament is to create a tournament based on true friendship and respect. The winner from each weight division will receive a nice big trophy and a famous Antwerp Diamond with official certificate.

The categories will be divided into:

- Male -70kg / -80kg / -90kg / +90kg
- Female -55kg / -65kg / +65

This tournament will take place at the Antwerp Arena sport centre and this at Saturday 21 November 2009 in one line with the EKO seminar.

The Belgian Shinkyokushin makes a big effort to organise the EKO seminar and hope to welcome all the participants at our tournament to support us as official or supporter. For all the participants of the EKO seminar that would like to stay for our Antwerp Diamond cup will receive a free entrance ticket.

Sayonara Party

The Sayonara party will be held Saturday evening after the tournament and this at the official hotel.

The party starts with a walking dinner with a big variety of different food, cold and warm and also a wok dinner will be provided.

For this walking dinner we reserved the hotel ballroom where all people can sit and relax after a exciting day and enjoy the nice food.

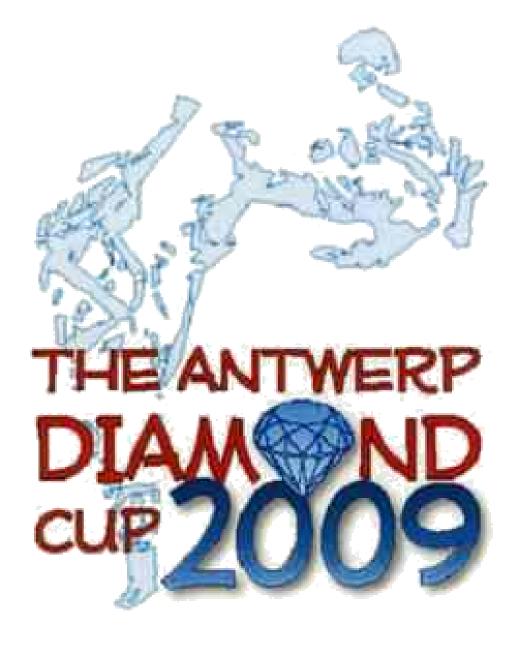
For all who like to dance we also have, next to the ballroom, the hotel disco specially reserved for our Sayonara party.

The Sayonara party is open for all people, fighters, officials, spectators!

The price for the party -30ε - included walking dinner and disco entrance.

Your application for this party must be send before so the catering of the hotel can organise the dinner in a good manner!

We welcome you all to the Sayonara party and hope you will enjoy this party of true friendship!



Antwerp Diamond Cup

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